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# **Learn French: Fast Foreign Language Study With Hypnosis, Meditation, And Affirmations (The Sleep Learning System)**



## Synopsis

Open your mind and develop better study habits to learn French. Improve your focus and dedication to learning foreign languages. Learn French faster today with this guided meditation and relaxation program from certified hypnotherapist, Joel Thielke. It's as easy as turning on the tracks and falling asleep! The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind to create deeper, lasting learning habits. With this program, you'll develop the focus and motivation to learn French faster and make the learning process easier than ever. Two inductions give you options for each session, or listen to the entire album. It's your choice!

## Book Information

Audible Audio Edition

Listening Length: 3 hours 41 minutes

Program Type: Audiobook

Version: Original recording

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Language: English

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Best Sellers Rank: #44 in Books > Audible Audiobooks > Language Instruction > French

#5047 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help #58938

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## Customer Reviews

If you want to learn French don't get this audio. It's just corny relaxation techniques and New Age music. How do you return a kindle audio book? I want my money back!

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